

*Washington workers' compensation insurance*

## **3 things to know about L&I's Medical Provider Network**

**If you get injured at work in Washington:**

- 1** For emergency care or a first visit when your injury claim is filed, you can see the doctor of your choice.
- 2** For ongoing treatment, you must see a network doctor.
- 3** Use **[www.FindADoc.Lni.wa.gov](http://www.FindADoc.Lni.wa.gov)** to confirm that your doctor is in the network or to find a network doctor.



**[www.NetworkInfo.Lni.wa.gov](http://www.NetworkInfo.Lni.wa.gov)** for common questions and answers.

*The Department of Labor & Industries (L&I) created the network to improve quality of care and help injured workers quickly return to good health and their jobs.*



Washington State Department of  
**Labor & Industries**

## Need to change your doctor?

Find a network doctor:	Your employer is insured by L&I.	Your employer self-insures.
<ul style="list-style-type: none"> <li>■ Ask your current doctor or health-care provider to refer you.</li> </ul>	✓	✓
<ul style="list-style-type: none"> <li>■ Look at <a href="http://www.FindADoc.Lni.wa.gov">www.FindADoc.Lni.wa.gov</a>.</li> </ul>	✓	✓
<ul style="list-style-type: none"> <li>■ Contact new doctors to make sure they are accepting patients.</li> </ul>	✓	✓
<ul style="list-style-type: none"> <li>■ Get help if you can't find a new doctor.</li> </ul>	1-800-547-8367	Call your employer*
<b>Request a transfer of care.</b>	<a href="http://www.TransferCare.Lni.wa.gov">www.TransferCare.Lni.wa.gov</a>	Call your employer*

*\*Call your employer or the third-party administrator that manages your claim.*

*Other formats for persons with disabilities are available on request.*

*Call 800-547-8367. TDD users, call 360-902-5797. L&I is an equal opportunity employer.*

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